stone church acres

On The Farm

Next week we are celebrating Christmas in July! Harmony Acres will have Egg Nog available for order and we will also have other fun things in our market!

IN YOUR BOX:

Lettuce

Tomatoes

Blueberries

Peppers

Onions

Radicchio/Kale/Swiss Chard

This Week's Highlight: Peppers & Radicchio

There are a few different types of sweet peppers this week. In addition to the common green **bell pepper**, we are growing several other types. The **sweet banana peppers** are the banana shaped pepper in multiple colors. These are our favorite to stuff and cook in a crock pot because they have a wonderful flavor. In addition to the sweet peppers, we have several varieties of **hot peppers** coming soon! **Radicchio** is an Italian leaf vegetable that is part of the chicory family. It has a bitter and spicy taste, which mellows when it is cooked! Many people add it to salads mixed with regular lettuce, however, if you are feeling adventurous, look online for a recipe for grilled or roasted radicchio. Give it a try and let us know what you think!

Harmony Acres Dairy

We continue to have Harmony Acres Dairy products available for pickup during CSA hours on Friday and Saturday. Submit your order via this link. Orders are due by 5pm on Wednesday night. We sometimes have a few things available for purchase in the market if you forget to order!

Recipe Corner: Stuffed Pepper Soup

2 pounds ground beef
6 cups water
1 can (28 ounces) tomato sauce
1 can (28 ounces) diced tomatoes, undrained (or sub fresh tomatoes)
2 cups chopped green peppers
1/4 cup packed brown sugar
2 teaspoons salt
2 teaspoons beef bouillon granules
1 teaspoon pepper
2 cups cooked long grain rice

In a Dutch oven over medium heat, cook and stir beef until no longer pink, breaking into crumbles. Drain and stir in next 8 ingredients. Bring to a boil. Reduce heat and simmer uncovered, until peppers are tender, about 30 minutes. Add cooked rice and simmer uncovered 10 minutes longer. Sprinkle with parsley and enjoy!

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