## Fall Festivals

September 20-21 // Covered Bridge Festival at the Ebenezer Bridge in Mingo Creek County Park. Hours: Saturday and Sunday, 10am-5pm. We have been at this market for a number of years and enjoy seeing many of you there too!

October 10-12 // Fort Ligonier Days in Ligonier, PA. Hours: Friday & Saturday 9am-7pm // Sunday 10am-5pm. We are excited to participate in this festival for the first time!

## IN YOUR BOX:

Fresh Pressed Apple Cider
Tomatoes
Peppers
Beets or Beans
Lettuce
Apples
Cabbage (Fulls)

## Fresh-Pressed Apple Cider

It is that time of year when we start to take our apples to our favorite cider press! The cider that we gave you earlier in the season was frozen from last fall. Yesterday, we made our first trip of the year to Sally's Cider Press in Zelienople. All the apples used in this cider are from our orchard and are washed before they are pressed. We carefully choose different varieties to mix together in the cider to create a balance of sweet and tart. The cider goes through a UV light to kill bacteria without changing the flavor and does not contain any preservatives. The only ingredient in our cider is apples! Be sure to shake up the container before you drink it because the apple bits settle on the bottom.

## Harmony Acres Dairy

We continue to have Harmony Acres Dairy products available for pickup during CSA hours on Friday and Saturday. Submit your order via this link. Orders are due by 5pm on Wednesday night. We sometimes have a few things available for purchase in the market if you forget to order!

## Recipe Corner: Easy Apple Salad

***For the Salad:***

1 bunch lettuce or mixed greens
1/4 cup sunflower seeds
1/2 lemon
1 apple
1/3 cup dried cranberries
1/4 cup feta cheese

***For the Dressing:***

1/3 cup olive oil
2 Tbs. apple cider vinegar
1 tsp. dijon mustard
1 Tbs. lemon juice
1 Tbs. maple syrup
1 pinch kosher salt

1. Slice the apple into quarters around the core. Slice the quarters into thin slices, then cut those into matchsticks leaving a bit of peel on both ends. Squeeze half a lemon over them.
2. Wash, dry, and chop the lettuce into bite size pieces. Toss with the apples.
3. Place the dressing ingredients in a small jar and shake to combine. Toss the dressing into the salad and garnish with sunflower seeds, dried cranberries & feta.

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